



"You Are Chosen"  
March 9-10, 2019  
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## INTRODUCTION

Knowing who you are— your identity —is incredibly important in life. Identity shapes **values, beliefs, behaviors, relationships and more. If you know who you are, you'll know what to do. You'll know how to respond. You'll know how to behave.** As we study Paul's letter to the Ephesians, we will look at six different aspects of WHO WE ARE in Christ, beginning with the good news that we are CHOSEN.

## DISCUSSION QUESTIONS

1. Can you think of a time when a strong sense of your identity — who you ARE — helped shape an important decision? Share the story.
2. Read Ephesians 1:1-14. What does this passage teach you about who God is? What does it tell you about who you are?
3. Describe a time in your life when you were chosen (or NOT chosen) for something. How did you feel?
4. What makes you feel loved and valued?
5. Have you ever had someone (Friend? Colleague? Spouse? Sibling? Parent?) show that they valued you by giving something up for you?
6. What aspect of v4-8 makes you feel most valued by God, and why?
7. Have you ever received forgiveness **that you didn't deserve? Or extended it to someone else?** How did that impact your life?
8. When have you known something to be true (i.e. That you are LOVED), but **didn't feel it? How can you move your faith from head knowledge to heart knowledge?**

## CHALLENGE

**In Christ, you are chosen. That's who you are. You are not what others think, not your past, not your failures.** God has chosen you, values you, and loves you. Read Ephesians 1 every day this week and let the truth of who God says you are sink in.

## COMMIT TO MEMORY

For He chose us in Him before the creation of the world to be holy and blameless in His sight. **Ephesians 1:4**

## PRAY FOR EACH OTHER

Share prayer requests, and commit to praying for one another until you next meet.