



Men's Fraternity

Isaiah 58: "Jesus is the Sabbath"

Hugh Halter / November 18, 2020

FIRST TAKE

"High OR Low." Share your relational HIGH and LOW from the last week. (*This could be related to family, work, faith, etc.)

TEXT

Isaiah 58:13-14

Philippians 2:1-8

TAKEAWAY

1. Downsizing & Downward mobility lead us to rest.
2. The Church is to be a community of shalom, a community of rest.
3. Jesus is the Lord of the Sabbath and is rest. So if we follow Him, He will lead us into rest.

TALK (Take Notes from the Video)

TURN IT UP (Questions to talk through)

1. Hugh shared about his own personal quest to downsize financially as a response of sabbath. How might his story inform your own quest for downward mobility?
2. If the Church is to be a sabbath community, but we can't meet in a building, how can we embody this now?
3. As Jesus is the Lord of the Sabbath, how is his Lordship in your life leading you toward peace?
4. Saying NO to things is the easiest way to make space for the right things. What things have you said yes to that might have to go?

For more information on Men's Fraternity, go to <http://www.cpcdanville.org/men/> or [email mens@cpcdanville.org](mailto:mens@cpcdanville.org)
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