

IF:TABLE

- DOWNLOAD, PRINT, AND LAY OUT THE CARDS ON THE TABLE WITH THE QUESTIONS FACING UP.
- INVITE 4 WOMEN TO GRAB THEIR FAVORITE QUESTION.
- TAKE TURNS HAVING EACH WOMAN ASK THE QUESTION ON HER CARD. ALLOW TIME FOR EVERYONE AROUND THE TABLE TO SHARE OR RESPOND TO THE QUESTION.

Q.1

Who is the person you wish you could thank one more time?

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Q.2

Tell us about the last time someone did or said something that made you feel loved for free.

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Q.3

What is one thing that keeps you from being truly authentic with others?

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Q.4

What does it look like to "delight" or "be content" in your weakness?

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